



## Personal/Athlete Training Prices

60 Minute Sessions		
Each personal training package includes one free 60 minute assessment.		
Additional assessments are \$25.		
Packages	Price	Price/Session
4 Sessions	\$180	\$45
8 Sessions	\$340	\$42.50
12 Sessions	\$480	\$40
16 Sessions	\$600	\$37.50
24 Sessions	\$840	\$35

30 Minute Sessions		
Each personal training package includes one free 60 minute assessment.		
Additional assessments are \$25.		
Packages	Price	Price/Session
4 Sessions	\$120	\$30
8 Sessions	\$220	\$27.50
12 Sessions	\$300	\$25
16 Sessions	\$360	\$22.50
24 Sessions	\$480	\$20

60 Minute Buddy Training						
Buddy training package prices listed are per person.						
Each personal training package includes one free 60 minute assessment. Additional assessments are \$25.						
Number of People	4 Session Package	8 Session Package	12 Session Package	16 Session Package	24 Session Package	Price/Session
2 People	\$140	\$280	\$420	\$560	\$840	\$35
3 People	\$130	\$260	\$390	\$520	\$780	\$32.50
4 People	\$120	\$240	\$360	\$480	\$720	\$30
5 People	\$110	\$220	\$330	\$440	\$660	\$27.50
6 People	\$100	\$200	\$300	\$400	\$600	\$25
7 People	\$90	\$180	\$270	\$360	\$540	\$22.50
8 People	\$80	\$160	\$240	\$320	\$480	\$20
9 People	\$70	\$140	\$210	\$280	\$420	\$17.50
10 People	\$60	\$120	\$180	\$240	\$360	\$15

30 Minute Buddy Training						
Buddy training package prices listed are per person.						
Each personal training package includes one free 60 minute assessment. Additional assessments are \$25.						
Number of People	4 Session Package	8 Session Package	12 Session Package	16 Session Package	24 Session Package	Price/Session
2 People	\$80	\$160	\$240	\$320	\$480	\$20
3 People	\$76	\$152	\$228	\$304	\$456	\$19
4 People	\$72	\$144	\$216	\$288	\$432	\$18
5 People	\$68	\$136	\$204	\$272	\$408	\$17
6 People	\$64	\$128	\$192	\$256	\$384	\$16
7 People	\$60	\$120	\$180	\$240	\$375	\$15
8 People	\$56	\$112	\$224	\$224	\$336	\$14
9 People	\$52	\$104	\$169	\$208	\$312	\$13
10 People	\$48	\$96	\$144	\$192	\$288	\$12